

Better Health Through Transportation? It's Happening!

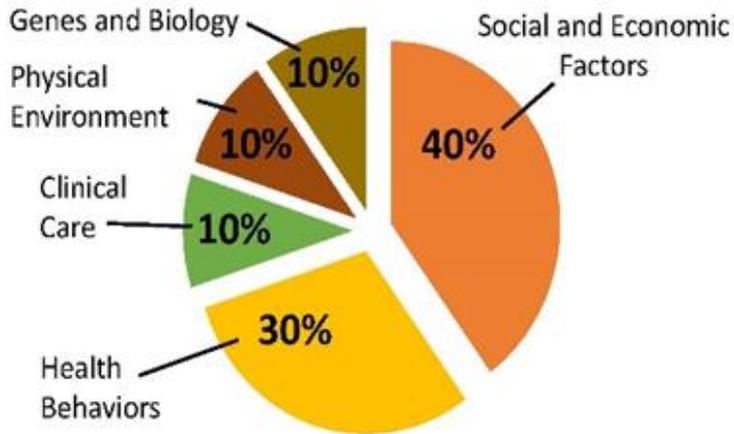
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“Laying it on the line”

1. People who participate in public meetings are the ones who care most about the issues.
 2. Public transportation reduces health disparities.
 3. I believe we can end racial inequity.
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What factors determine our health?

Determinants of Health



Social Determinants of Health: Complex, integrated, and overlapping social structures and economic systems responsible for most health inequities/ disparities. Examples of social determinants are below and include both access and quality:

- Land use
- Transportation systems
- Education
- Jobs/Income/wealth
- Food
- Housing
- Social connectedness

Health Equity

Health equity is achieved when every person has the opportunity to "attain his or her full health potential" and no one is "disadvantaged from achieving this potential because of social position or other socially determined circumstances." Health disparities or inequities, are types of unfair health differences closely linked with social, economic or environmental disadvantages that adversely affect groups of people.

- <https://www.cdc.gov/nccdphp/dch/programs/healthycommunitiesprogram/overview/healthequity.htm>

Racial Equity Lens



LOCAL AND REGIONAL GOVERNMENT
ALLIANCE ON
RACE & EQUITY



Individual racism:

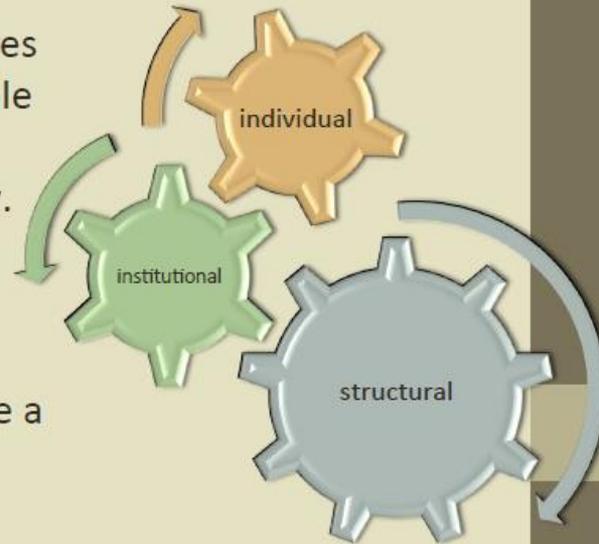
- Pre-judgment, bias, or discrimination by an individual based on race.

Institutional racism:

- Policies, practices and procedures that work better for white people than for people of color, often unintentionally or inadvertently.

Structural racism:

- A history and current reality of institutional racism across all institutions, combining to create a system that negatively impacts communities of color.



Legacy of Redlining



- Redlining took place from the 30's – late 60's
- Communities redlined declined socially and economically
- Areas disinvested in match areas with high infant mortality now (MDH)

“Redeeming – Clearing Blight”

“We now know — overwhelmingly — that our urban freeways were almost always routed through low-income and minority neighborhoods, creating disconnections from opportunity that exist to this day,”

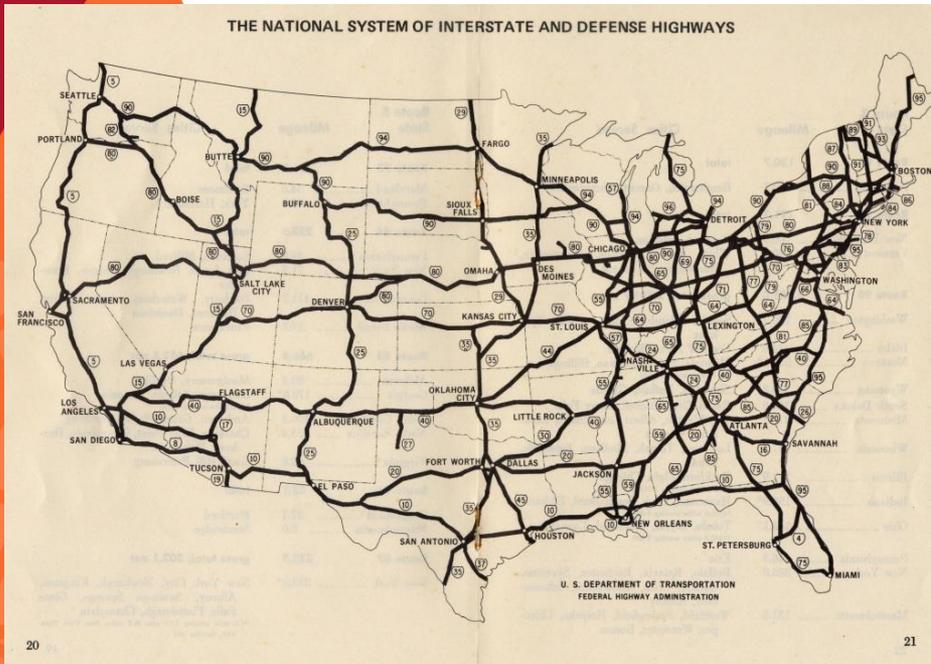
Anthony Foxx,
Transportation Secretary



“Every system is exquisitely designed to produce the results it gets. If you want to change the results, you have to change the system.”

Paul Batalden, M.D

First 20 years of the Federal Interstate System



- 475,000 families and over a million Americans displaced
- Most were low-income people of color in urban cores.

- Anthony Foxx,

American Progress, MAR 31, 2016