Oregon Public Health Institute
www.orphi.org
Creating Tomorrow’s Health Today
Strategic focus on the prevention of childhood obesity

Healthy Community Planning

Access to Healthy Food

Active Living

Breastfeeding
Comprehensive Plan

Regional transpo policy frameworks

HIA on transportation and n’hood urban plans

Urban agriculture and healthy food retail

Pedestrian sidewalk equity
Moving from values and shared goals........

To actions and outcomes that protect and promote health
Long-term and intentional process of developing relationships and institutionalizing working partnerships
Goal 7: Enhance Human Health

Objective 7.1 Provide safe and convenient transportation options that support active living and physical activity to meet daily needs and to access services.

| Action 7.1.4 Remove barriers and reinforce compact development patterns to encourage walking and bicycling to basic services and nearby activities as a way to integrate exercise into daily activity. | Action 7.1.5 Coordinate with public health professionals to conduct health assessments to judge potential impact of transportation’s infrastructure on human health. |
Health Impact Assessment

- HIA on Lake Oswego Transit Project in 2010 will assess impacts to physical activity, air quality, traffic safety, access to health-supportive services.

Assessment Questions

• How much physical activity will people get as a result of walking to and from transit?
• How will the resulting infrastructure impact access to parks and trails in the corridor?
• How will construction activities impact area residents and workers?
• How will long-term changes in VMT impact local and regional pollution levels?
• How will the different scenarios impact the numbers of injuries and deaths resulting from automobile accidents?
Transpo HIAs in PDX-Vancouver Region

- Policies to Reduce Vehicle Miles Travelled
  - [www.upstreampublichealth.org/sites/default/files/Binder1.pdf](http://www.upstreampublichealth.org/sites/default/files/Binder1.pdf)

- Eugene Climate Energy Action Plan
  - [www.upstreampublichealth.org/sites/default/files/HIAEugene.pdf](http://www.upstreampublichealth.org/sites/default/files/HIAEugene.pdf)

- Clark County Bike/Pedestrian Master Plan

- Columbia River Crossing, Sellwood Bridge
HIA Resources

• San Francisco Bay Area HIA Collaborative, www.hiacollaborative.org

• Human Impact Partners, www.humanimpact.org


• Health Impact Project, www.healthimpactproject.org
HIA Resources

• Healthy Development Measurement Tool, www.thehdmt.org
• HIA Clearinghouse Learning and Information Center, www.ph.ucla.edu/hs/hiaclic/
IT’S MY CITY TOO, SO DON’T MESS IT UP.

Portland Plan

oregon public health institute
Human Health, Food and Public Safety

Why is this important?
Many Portlanders are not healthy and our rates of chronic disease are rising. Human health is a community issue, not just a personal one, because healthier people have greater opportunities to learn, play, think and innovate. Health is also a community issue because the place we live in can affect our health.

Direction 1: Make healthy food the easy choice

Objectives for discussion
A. Increase access to healthy and affordable food
B. Decrease dependence on food assistance
C. Increase home-grown and locally-grown food
D. Expand access to food education

Direction 2: Increase participation in physical recreation and community activities

Objectives for discussion
A. Increase walkable access to parks and nature
B. Make sure all parts of the city have access to recreational activities
C. Increase opportunities for active and healthy lifestyles
D. Expand physical activity opportunities for young people
Direction 3: Protect Portlanders from exposure to pollutants

Objectives for discussion

A. Improve air quality
B. Provide high quality and reliable water and sewer services
C. Reduce exposure to household toxics
D. Improve river health
E. Reduce exposure to noise pollution

Direction 4: Promote safety and sense of security

Objectives for discussion

A. Improve the sense of safety in all neighborhoods
B. Improve public and private emergency preparedness
C. Provide high quality and reliable safety services

Direction 5: Make public decisions benefit public health

Objectives for discussion

A. Create and track public health goals and measures
B. Consider public health impacts in investment decisions
C. Improve health equity
Healthy Portland Plan Workgroup

- October 2007: HPPW established
- January 2009: HPPW reframes Health Background Reports to emphasize social determinants and health disparities.
- October 2010: Healthy PEOPLE principles and outcomes integrated into guiding framework.
Healthy People in Healthy Places

- Health Equity
- New Tools and Methods
- Community Engagement and Stakeholder support
Active Living--Leander Court

Source: City of Portland
Active Living--New Columbia

- Schools
- Bus stops
- Bicycle Network
- Trails
- Sidewalks
- Parks
- Community Center
- Planned and Funded Bikeways
- 1 Mile Street Network Buffer
- New Columbia Border

*Sources: City of Portland

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