Better Health Through Transportation
Mobility for a Healthy New Orleans
An Overview of RTA
The Largest Transit System in the New Orleans Region

- One of three fixed-route transit systems in the region
- Operating buses, streetcars, ferries, and paratransit
- 59,000 trips on an average weekday for all modes
Our Current System

34 Bus Routes
Our Current System

5 Streetcar Lines
Our Current System

2 Ferry Routes
Our Current System

Paratransit Service Area
Our Current System & Healthcare Access

Coverage and Access Varies in the Region
How RTA Improves Public Health
Transportation as a Social Determinant of Health

- Access to healthcare and healthy goods and services
- Access to jobs, education and recreation
- Access for people with permanent or temporary disabilities
Transportation Matters
Active Transportation Means Healthier Populations

Health in communities with better transportation options

Walkable, bikable, transit-oriented communities are associated with healthier populations that have:

- More physical activity
- Lower body weight
- Lower rates of traffic injuries
- Less air pollution
- Improved mobility for non-drivers

RTA
Creating a Strategic Mobility Plan

Connecting to Opportunities

- Improve access to jobs, healthcare, and other destinations.
- Increase multimodal hubs and park and ride lots
- Increase partnerships with major employers and schools
Creating a Strategic Mobility Plan
Supporting Healthy Communities

- Improve the rider experience to get people out of cars and walking more
- Prioritize access to healthy goods and services
- Partner with major healthcare providers
The Future of Transportation and Health
How Can We Make A Difference?

- Improve access to healthy goods and services
- Convert driving trips to multimodal transit trips
- Collaborate with other sectors to make communities more walkable
- Influence local, state and federal policy
Thank you!

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